

Positive Parenting Workshop



Join us for a chat about

Managing Family Stress

Thursday, July 7, 2022

4:30 PM at the Rock Island
Public Library
Community Room

Why join us:

Parents will gain an understanding of stress, what causes it, and how stress can impact the health of our entire family. We will also discuss how to respond to stress and what you can do to minimize the impact stress has in your home.



To register, please visit the front desk at the RI Library or on the website:
<https://www.rockislandlibrary.org/events>

POSITIVE PARENTING WORKSHOP

MANAGING FAMILY STRESS REGISTRATION

Name	*Phone & email	Future topics you would like to chat about:

Information will not be given out, but used to notify you about changes to events

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